



HAND SANITIZER SAFETY

The CDC recommends washing hands with soap and water whenever possible. If soap and water are not available, using a hand sanitizer with at least 60% alcohol can help you avoid getting sick and spreading germs to others.

WHAT IS HAND SANITIZER?

- Hand Sanitizer is a liquid, gel or foam with either an alcohol base or a non-alcohol base that is used to clean the hands.
- Hand sanitizers can be used to quickly reduce the amount of germs on the hands, but do not kill all germs.



HOW TO USE HAND SANITIZER

- Apply the hand sanitizer to the palm of one hand, then rub the hand sanitizer over all surfaces of both hands until the sanitizer has completely dried, about 20 seconds.
- Refer to the manufacturer's guidelines (product labeling) to determine the amount of hand sanitizer that should be used.
- Do not rinse or wipe off hand sanitizer before it has dried, it may reduce the effectiveness.
- If your hands are visibly dirty or greasy hand sanitizer may not be as effective. When your hands are visibly dirty or greasy hand sanitizer should only be used in situations where soap and water are not available.



BEST PRACTICES

- Use hand sanitizers with at least 60% alcohol. Hand sanitizers with less than 60% alcohol or non-alcohol sanitizers may not be as effective at killing germs.
- The alcohol in sanitizer is flammable. After using a hand sanitizer avoid touching any surface until it has completely dried. Avoid contact with any potential ignition source while the hand sanitizer is still wet on the hands.
- Hand sanitizers may not remove harmful chemicals. If one is in contact with these substances, hands should be washed carefully with soap and water.

